

# ***NORTH FLORIDA HEALTH CORPS***

## ***Member Service Description***

### ***I. Site Information***

#### ***Site Names and Locations:***

Emerald Tiger Nutrition Services  
Division of Nutrition and Chronic Disease Prevention  
3225 University Blvd. S. Suite 100  
Jacksonville, FL 32216

Mayport Nutrition Services  
Division of Nutrition and Chronic Disease Prevention  
2444 Mayport Road, Suite 12  
Jacksonville, FL 32233

Pearl Nutrition Services  
Division of Nutrition and Chronic Disease Prevention  
5322-24 N. Pearl Street  
Jacksonville, FL 32208

Wesconnett Nutrition Services  
Division of Nutrition and Chronic Disease Prevention  
5150-9 Timuquana Road  
Jacksonville, FL 32210

#### ***Organization Description and Mission:***

The Division of Nutrition and Chronic Disease Prevention develops and implements programs to enhance dietary patterns of the public. Programs administered by the Division of Nutrition and Chronic Disease Prevention include Women, Infants, and Children (WIC), Breastfeeding Education and Support, and Nutrition Education; Diabetes Prevention, Tobacco Prevention, Heart Disease and Stroke Prevention, and other related Chronic Diseases.

*The Duval County Health Department Mission is to “promote, protect, and improve the health of all people in Greater Jacksonville”.*

#### ***Site Mentors assigned to support member:***

Lindsey Sowders, RD, LD/N  
Senior Public Health Nutritionist

Nicole Woodsmall, MSH, RD, LD/N

Senior Public Health Nutritionist

Michele Manzie RD, LD/N  
Senior Public Health Nutritionist

Melissa Cooper RD, LD/N  
Senior Public Health Nutritionist

## II. Service Description

### Service Goals:

Each Quarter the member will complete the following service goals:

- Review the immunization status young children between birth and two years old who enrolled in WIC and cross-indexing their data records with corresponding records in Florida Shots.
- Conduct group nutrition education to WIC parents.
- Conduct group nutrition education to community organizations on Shape Up Jacksonville.
- Conduct group nutrition education to community on Heart Disease and Stroke Prevention.
- Call WIC clients on missed appointments and reminder appointments.
- Participate in community health fairs and/or other community health activities.
- Educate preschool kids on nutrition through reading WIC books.

### Outcome Measures:

<u>Item</u>	<u>Service Goal Outcome</u>
Training	Certification from the Florida Nutrition Training Guide.
Training	Certification on basic education on chronic disease, nutrition, physical Activity.
Immunization	Verify and document 125 immunizations on infants and young children Who are enrolled in WIC in Florida Shots to increase immunization rates.
Nutrition Ed.	Educate at least 125 adult WIC participants on specified WIC nutrition Topics to improve health.
Outreach (phone)	Provide reminder and reschedule appointments on at least 200 eligible WIC clients to re-enroll in WIC.
Health Fairs	WIC, Diabetes & Tobacco Prevention, to increase participation in these Services.
Shape Up Jacksonville	Educate community on nutrition & physical activity on at least 1 community series to increase knowledge on how to reduce weight.
Heart Disease & Stroke Prevention	Educate Community on hypertension, cholesterol, nutrition & physical activity in at least 1 community series to increase knowledge on how to prevent and control hypertension, high cholesterol and increase physical Activity.
Classes	
StoryTime	Read to 50 WIC kids on WIC nutrition booklets.

- a. Describe the skills the Corps members will learn as a result of the stated service.
- Team building skills.
  - Management and leadership skills.
  - Time management skills
  - Effective communication skills
  - Nutrition Education skills and program planning skills

### **III. Logistical Information**

***Expected Schedule for Providing Service Hours to Site:***

Monday through Friday, 8 a.m. to 5 p.m.

One hour lunch

Occasional Saturday, substituted with weekday off