

# ***NORTH FLORIDA HEALTH CORPS***

## ***Member Service Description***

### ***I. Site Information***

#### ***Site Name and Location:***

Sulzbacher Center  
611 East Adams Street Jax, FL 32202

#### ***Organization Description and Mission:***

Sulzbacher Center is the largest provider of comprehensive services to homeless men, women, and children in Northeast Florida. The Sulzbacher Center is open 24 hours a day, 7 days a week, 365 days a year. The center serves nutritious meals, offers safe shelter, has a comprehensive case management and children's programs, and provides outstanding healthcare, housing, and aftercare programs. Additionally, the center's job placement assistance and life skills programs equip men and women for employment and success. The center's stated mission is "To empower homeless and at-risk men, women, and children to achieve a better life through a full range of services, both direct and in collaboration with community partners, thus renewing hope and restoring lives back into the fabric of the community."

#### ***Site Mentor assigned to support member:***

*Brian Snow, Director of Men's Team*

***Aida Seeraj, Director of Women's Team is the back up Site Mentor***

### **II. Service Description**

#### ***Service Goals:***

##### ***First quarter goals:***

Facilitate and/or oversee 40 Life Skills Classes

Educate 180 residents on health related and non-health related issues

Educate 100 adult residents on topics related to healthy eating

Educate 50 child residents on topics related to healthy eating

Provide hands on education to 30 child residents on healthy eating using the community garden as a teaching tool

Provide hands on education to 20 adult residents on healthy eating using the community garden as a teaching tool

Maintain Community Garden

***Second quarter goals:***

Facilitate and/or oversee 40 Life Skills Classes  
Educate 180 residents on health related and non-health related issues  
Educate 100 adult residents on topics related to healthy eating  
Educate 50 child residents on topics related to healthy eating  
Provide hands on education to 30 child residents on healthy eating using the community garden as a teaching tool  
Provide hands on education to 20 adult residents on healthy eating using the community garden as a teaching tool  
Maintain Community Garden

***Third quarter goals:***

Facilitate and/or oversee 40 Life Skills Classes  
Educate 180 residents on health related and non-health related issues  
Educate 100 adult residents on topics related to healthy eating  
Educate 50 child residents on topics related to healthy eating  
Provide hands on education to 30 child residents on healthy eating using the community garden as a teaching tool  
Provide hands on education to 20 adult residents on healthy eating using the community garden as a teaching tool  
Maintain Community Garden

***Fourth quarter goals:***

Facilitate and/or oversee 40 Life Skills Classes  
Educate 180 residents on health related and non-health related issues  
Educate 100 adult residents on topics related to healthy eating  
Educate 50 child residents on topics related to healthy eating  
Provide hands on education to 30 child residents on healthy eating using the community garden as a teaching tool  
Provide hands on education to 20 adult residents on healthy eating using the community garden as a teaching tool  
Maintain Community Garden

***Outcome Measures:***

***First quarter:***

By facilitating and/or overseeing 40 Life Skills classes and educating 180 residents, the NFHC member will increase the awareness and knowledge of health and non-health related topics in the client population.  
By educating 120 adult residents and 80 child residents the AmeriCorps member will increase the awareness and knowledge of healthy eating habits in the client population. Additionally the overall health of the client population served will be improved.

***Second quarter:***

By facilitating and/or overseeing 40 Life Skills classes and educating 180 residents, the NFHC member will increase the awareness and knowledge of health and non-health related topics in the client population.

By educating 120 adult residents and 80 child residents the AmeriCorps member will increase the awareness and knowledge of healthy eating habits in the client population. Additionally the overall health of the client population served will be improved.

***Third quarter:***

By facilitating and/or overseeing 40 Life Skills classes and educating 180 residents, the NFHC member will increase the awareness and knowledge of health and non-health related topics in the client population.

By educating 120 adult residents and 80 child residents the AmeriCorps member will increase the awareness and knowledge of healthy eating habits in the client population. Additionally the overall health of the client population served will be improved.

***Fourth quarter:***

By facilitating and/or overseeing 40 Life Skills classes and educating 180 residents, the NFHC member will increase the awareness and knowledge of health and non-health related topics in the client population.

By educating 120 adult residents and 80 child residents the AmeriCorps member will increase the awareness and knowledge of healthy eating habits in the client population. Additionally the overall health of the client population served will be improved.

a. Describe the Corps members will learn as a result of the stated service.

The NFHC member will learn to identify educational needs in the homeless population and create curriculums to address those needs. The member will be able to contribute to the overall well-being of the residents of the Sulzbacher Center by providing education and training on much needed health and non-health related topics. The member will learn how to effectively manage a project by managing the community garden.

b. List any additional service responsibilities:

The member will be responsible for maintaining existing relationships with partner agencies and volunteers that are involved with the Life Skills program. Additionally, the member will be expected to seek out new relationships that can further enhance the Life Skills program. The NFHC member will also be helping homeless men, women, and children access community resources through online applications, such as applying for Food Stamps and Medicaid. The member will be responsible for maintaining existing relationships with partner agencies and volunteers that are involved with the food

services program and shelter services. Additionally the member will be expected to seek out new relationships within the community as needed for the healthy eating program.

### **III. Logistical Information**

***Expected Schedule for Providing Service Hours to Site:***

Generally, Monday through Friday 9:00 AM to 5:00 PM with an occasional evening. Scheduling is very flexible.

***Service Location(s) if different from site address:***

N/A. Service Location is the Sulzbacher Center.