

Member

By Robert Hsu



Laurel Chadde is a North Florida Health Corps (NFHC) member serving with the Metropolitan YMCA in the Healthy Living Department. As a NFHC service member at the Metropolitan YMCA,

Laurel implements the Youth Fit For Life program, an after school program at elementary schools. In the program, Laurel educates students about nutrition, leads strength exercises, and plays games for cardiovascular exercise. Laurel works closely with Tiger Academy, YMCA's charter school to promote health living and helps out with the YMCA's Diabetes Prevention Program. Laurel loves getting to work with kids everyday because, "They are so eager to learn and love doing the fitness exercises." Laurel enjoys interacting with many different organizations and finds early health education important in combating the childhood obesity epidemic. Laurel joined NFHC in hopes of finding a career path and to "gain hands on experience and help other people." Laurel is from Lake Linden, MI and graduated from the University of Michigan with a B.S. in Sociology and a minor in Biology. Through her NFHC experience, Laurel wants to be a general practitioner implementing healthy living education. She enjoys traveling, running, cooking, and going to the beach. Laurel's belief is that one should "be the change you wish to see in the world."

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Denise Adame is a North Florida Health Corps (NFHC) member serving at the Beaches Family Health Center, which provides primary services in Pediatrics and Women's Health to mostly Hispanics,

immigrants, and low income families. Denise serves as a Community Assistance Specialist helping with several projects in the clinic. She provides health screenings, provides patient education, creates low literacy educational material, and assists with language interpretation. Denise is also working on a Hispanic Resource Guide with the support of the Hispanic Advisory Council. Denise joined NFHC because she wanted the chance to serve the underserved community, and she "needed to make sure she was making the right choice" in pursuing a Master's of Public Health. Through her term of service, Denise has "enjoyed being able to network with so many caring people and organizations within the community who are as passionate about serving their community." Denise is from San Antonio, Texas and graduated from Texas A&M majoring in health and obtaining a minor in Spanish. She enjoys reading, cooking, and watching the TV show House. Denise is also a diehard Texas A&M Aggies and San Antonio Spurs fan. Denise believes that "Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved", a quote by WJ Bryan.

Birthday Announcements:

Becky Kant.....April 1st
Kelsie Grabert.....April 19th

Suzziy Leonhard.....April 25th
Erica Coleman.....April 25th

For more information, visit our website: <http://www.northfloridahealthcorps.org>

The NFHC is a special initiative of



NFHC is now recruiting host sites for 2011-2012. Please contact Erica Coleman for more information

Erica Coleman, Program Director of NFHC

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